

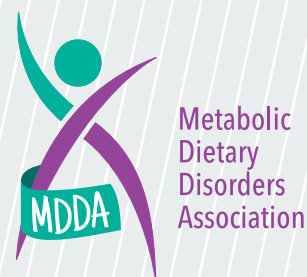


CAN YOU EAT  
LESS THAN  
10 GRAMS  
OF PROTEIN  
IN A DAY?

Join our team this February as we play our protein for one day.

**The Great Protein Dietitians Challenge** is where dietitians come together in teams to take on eating less than 10 grams of protein for a day – all in the name of raising awareness and supporting people living with rare genetic metabolic (protein) disorders.

TO FIND OUT MORE AND JOIN OUR TEAM, VISIT  
**[thegreatproteinchallenge.com.au](http://thegreatproteinchallenge.com.au)**



Metabolic  
Dietary  
Disorders  
Association



Innovation in Nutrition

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